Suggestions for participation:

• Please mute yourself and remain muted until prompted otherwise.

• Select “Speaker View” and “Full Screen” to maximize your view.

• Ensure your audio is turned on so you can hear our speakers.

• You may wish to mute your video for the beginning of the program—this may help with the quality of the video.

• You’re welcome to use the chat to say hello to friends and share your thoughts about our program!